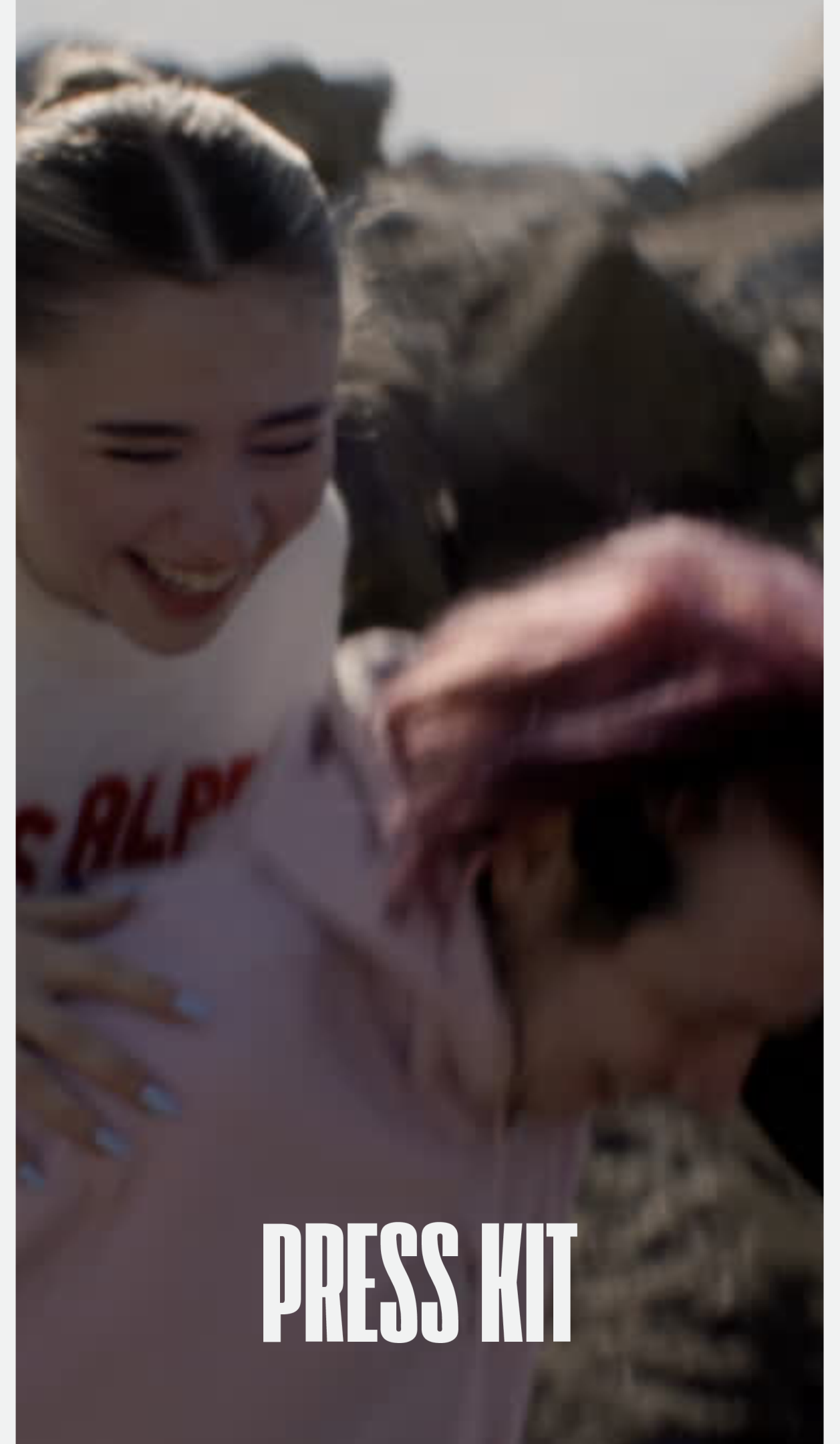


# PIECES OF ME

**A DOCUFICTION**  
DIRECTED BY ELISA MARTIN



**PRESS KIT**

PRESS KIT

# FILM SYNOPSIS

Told through the eyes of a fictional narrator but drawn from real memories, Pieces of Me is a poetic and deeply personal exploration of identity, belonging, and emotional growth. Set across the shifting landscapes of childhood innocence, adolescent confusion, and young adult clarity, the film follows one character's internal journey.

Through lyrical voiceover, still photographs, constructed memories, and immersive sound design, the film traces how place and self become entangled. It shows how peace comes not from escape, but acceptance. As the seasons of life pass through the seaside moments, quiet woods, and lonely bedrooms, the film invites the audience to reflect on their own fragmented paths towards becoming whole.





TRAILER



PRESS KIT

# ELISA MARTIN - DIRECTORS STATEMENT



PIECES OF ME

*“Pieces of Me* is a really personal film for me, even though it’s told through someone else. It’s made up of feelings and memories that I’ve carried for a long time, growing up in a small town, feeling stuck, and trying to figure out who I am. I wanted to make something that felt honest, soft and reflective.

It’s less about what happens and more about how it feels. That’s why the visuals are sometimes abstract, and the voiceover feels more like a diary. I’ve always been drawn to that quiet space where things aren’t loud or dramatic but still mean everything. This film is me looking back, and realising I was never really lost. I just needed time to see myself clearly.”



# KEY FACTS

PRODUCTION LOCATION

Wales

SHOOTING FORMAT

Digital

GENRE SUBCATEGORIES

Docufiction, coming-of-age

TOTAL RUNNING TIME

8:52 minutes

LENGTH

Short Film

ORIGINAL LANGUAGE

English

PRODUCTION YEAR

2025

ASPECT RATIO

2.35:1

**THANK YOU**